# **NSAY Meeting Minutes**

Date and Time of Meeting: June 3, 2014 @ 1630 hrs Location: HNES B27

### I. Call to Order

This meeting was called to order at 1642, chaired by Hojat Azimi.

# II. Roll Call

Hojat Azimi, Julian Yim, Dilara Thekkedath, Alla Ladygina, Heather Hiscox, Chetan Salwan, Sheena Ghelani, Ruth Wise, Tonya Strucel (via telephone), Akta Gandhi

# III. Regrets

Florence Wanyoike, Ashley Aman, Tsitsi Gwata, Stephanie Munholland, Monica Gola, Justine Von Niessen

# IV. Confirmation of Minutes from May 5, 2014

Minutes Confirmed and Approved

# V. Announcements

# I. Treasurer's Report (Julian)

YSF club renewal application was submitted, confirmation email was received; funding and club renewal is pending approval. Stong College Funding was submitted, funding is pending approval. Chair of Stong College government Ashley Estwick has invited NSAY president and treasurer to discuss breakdown of our budget in July, and further requests a confirmation proof of approval of club ratification from YSF. Club bank account transfer application was submitted, approved and bank letter is at YSF office awaiting acquirement. Stephanie and I will visit the bank to complete transfer as soon as possible. SLCD clubs funding application is not yet released to public on website according to SEED funding personnel, Lorraine Carrierie, who instructed us to wait for its activation.

# II. Secretary's Announcement (Tonya)

All members of NSAY must submit any old or new business to the NSAY secretary NLT two days BEFORE an upcoming meeting. This can be done by simply adding your business item to the Google document on the Google Drive entitled *Old and New Business for NSAY Meeting*. Please

include a title of what you would like to present or discuss and a short summary of what you will say. This will allow the NSAY Secretary to prepare the agenda and minutes for the meeting in a timely manner. Failure to submit business items before the deadline will result them not being on the meeting agenda and therefore not discussed at the meeting. The only exception to this guideline is if the business item arises within the two days prior to the meeting.

### VI. Old Business

None

### VII. New Business

# I. NSAY Clothing Sales 2014-2015

Presenter: Sheena Ghelani

# Description:

- Discuss idea of selling sweaters from Addidas or Reebok that have the NSAY or other deas part of upcoming NSAY clothing sales.

### Discussion:

- -\$70-80 per jacket approximately, sponsored by Adidas
- -a minimum order must be placed in order get a set price for any sweaters ordered
- -several designs should be created to allow students to select a design they like best
- -to gain maximum interest from nursing students the designs should use a nursing theme ra than just NSAY
- -For last years clothing sales it was an additional charge to produce shirts in additional colo
- -The option of an Adidas shirt rather than a jacket can be explored to minimize costs for students

#### Action Items:

1. Julian will contact potential suppliers for clothing sales and determine costs.

# II. Graduation Slideshow Nursing Classes of 2014-2015

Presenter: Sheena Ghelani

### Description:

- Students will be asked to give their cherished memories throughout the 4 years of nursing pictures, and adding that to the photo slideshow to be presented during graduation; and/or a

creating a video where those who want to say a brief thank you message to professors, or describe their best parts of nursing.

### Discussion:

- -NSAY will begin to encourage students to submit pictures early to maximize the amount a diversity of pictures for the graduating class slideshow.
- -Information about the collection of pictures will be distributed to students by email and us the class Facebook pages.
- -Social media such as Instagram or Facebook and email will be utilized to collect photographic
- -Notifications to the graduating class will be sent out as follows:
  - IEN Class of 2014 (Graduation in October): ASAP
  - Collaborative Class of 2015 (Graduation in June): September
  - 2nd Entry Class of 2015 (Graduation in October): September

# Action Items:

- 1. Tonya will send a mass email to students of each graduating class to encourage them to be submitting pictures.
- 2. Class reps (Sheena, Akta, Floence and Tsitsi) will post on their classes' facebook pages. Class reps will create gmail addresses for their graduating class where students can submit pictures by email.
- 3. Heather will assist class reps with collecting pictures.

### III. New Scrub Vendor

Presenter: Hojat Azimi

### Description:

- NSAY has been asked to provide input about uniforms from a new scrub vendor. Samples these these scrubs have been provided. The samples are not identical to the Mobb scrubs so in previous years but they have the same piping and colour. NSAY is asked to provide input about the scrubs and the new vendor before the Undergraduate Practicum Committee make their decision on June 10.

### Discussion:

- -The new scrub vendor is selling scrubs for \$32 with no additional fee for plus sizes. Sizes from XXS-XL. Scrubs can be hemmed 25-37 inches for an additional \$5 fee.
- -Orders from this supplier can be placed online with credit card and shipped with a \$14 shipping cost. In order for students to save money on the cost of shipping it may be a better

option to ship orders to the NSAY office for students to pick up. Students can be informed both options when ordering.

- -Further questions to ask this supplier is if the price for students can include the cost of ship to the NSAY office and if a York University logo can be added to the scrubs.
- -Scrubs that are uniform allows students to appear more professional and more recognizable hospital patients and staff as student nurses. NSAY's role for scrub sales is to encourage the students purchase the scrubs on sale from the supplier however we will not be forcing them

### Action Items:

1. Hojat will provide Undergraduate Practicum Committee feedback discussed in NSAY meeting and will ask if scrubs can be shipped to the NSAY office to reduce costs for studer

**Motion:** NSAY will approve the School of Nursing's use the Aloft supplier if sales can be shipped to the NSAY office which will reduce costs for students and a York University logo can be put on the scrubs.

Moved by: Hojat Seconded by: Dilara

In favour: 6 Opposed: 0 Abstain: 0

**Motion Carried** 

# IV. Stethoscope Sales

Presenter: Hojat Azimi

# Description:

- NSAY will not be selling stethoscopes because York University will no longer be using MOBI a supplier and the new scrub supplier, Aloft, does not sell stethoscopes. We were only given 5 da to find a vendor. Stephanie Munholland and I have tried Stethoscope.ca and MOBB and other vendors, but we could not get a good price from them.

## Discussion:

- -It was found that the Lithman II SE stethoscopes would cost \$75 from MOBB. Stethoscope.ca offered the same price for the same stethoscope but with a 5 year warrenty. With shipping the cothe from stethoscope.ca is \$84 which comes with free engraving.
- -Based on the prices received from suppliers it may not be worth it for NSAY to sell stethoscope may be better to simply direct students to stethoscope.ca for the purchase of their stethoscope. T will give students more options with regards to where they can purchase stethoscopes.

### Action Items:

1. Hojat will inform Monica of NSAY's decision regarding stethoscope sales.

**Motion:** NSAY will not sell stethoscopes for the 2014-2015 school year.

Moved by: Tonya Seconded by: Chetan

In Favour: 4 Opposed: 0 Abstain: 1

**Motion Carried** 

# V. NCLEX Preparation Workshops

Presenter: Dilara Thekkedath

# Description:

- I would try and explore some options for providing NCLEX workshops or NCLEX test taking strategies for York Nursing students beginning with the class of 2014-2015. All students would benefit from guidance to prepare for the NCLEX in order to be successful. I propose to involve faculty to reach this objective by utilizing their knowledge to provide support and guidance. The prospective implementation date of this program is September 2014.

### Discussion:

- -Options other than just workshops are encouraged. One option is to discuss this idea with the facility to use more NCLEX questions in classes.
- -In January the test was still being developed so it would be beneficial to find the latest informat about the test.
- -Heather mentioned that she has connections with people at the Facility of Nursing at University Toronto. It would be beneficial to find out what preparation for the NCLEX is being provided to students there.
- -The RNAO Rep and YUSNMP Rep will be valuable resources to assist in the development of a plan to prepare students for the NCLEX test.

### Action Items:

- 1. Heather will talk to connections at the University of Toronto about the preparation of the their students for the NCLEX.
- 2. Hojat will discuss ideas about NCLEX preparation with the Nursing facility.
- 3. Ashley and Chetan will update NSAY about any developments in preparing for the NCLEX.

# VI. Nursing International Trip 2015

Presenter: Alla Ladygina

# Description:

- It is currently scheduled to be during the last week of April or first week of May (after the Yor Exam Period). The trip will consist of a group of nursing students volunteers and the focus is to our skills at one or more clinics in a country that really needs our help. Peru seems to be one of t safest options for this type of trip. I connected with providers there and two cities, Lima and Cus are open for our group. If the group exceed 10 people the trip can be planned for any day of Apr Interpreter services are available in Cusco.

### Discussion:

- -Currently there are 7 people who have confirmed that they definitely want to attending this trip number of students who will be attending needs to be confirmed by October or November.
- -This trip will be two weeks in Peru. Expected costs for food and accommodations is less than \$ Airfare, travel visas and other travel costs are additional.
- -Alla said that she has reached out to a number of aboriginal communities for a possible nursing student trip but was unable to find any that were interested.
- -A fundraising event for this trip will be planned.

### Action Items:

1. Alla will update NSAY as she continues to plan for the trip.

# VII. YUSNMP Club Proposal

Presenter: Chetan Salwan

### Description:

- I would like to motion that YUSNMP submit club proposal to become an independent club at York University. Currently YUSNMP is a subcommittee of NSAY. By making it a club YUSNI can more financially independent while still working with NSAY.

# Discussion:

- -This would allow YUSNMP to receive more funding from YFS rather than a portion of what NSAY receives. These funds will be used for workshops and guest speakers during the year.
- -If YUSNMP becomes an independent club it will require assistance from NSAY to create a constitution, from NSAY -Hojat will help

### Action Items:

1. Chetan will submit proposal approved by NSAY to YFS

- 2. Hojat will assist Chetan and YUSNMP in the development of a constitution for YUSNMP.
- 3. NSAY constitution will be amended to reflect this change in organizational structure.

Motion: To approve YUSNMP to become an independent club and will not longer be a subcommittee

of NSAY

Moved by: Chetan Seconded by: Dilara

In Favour: 6 Opposed: 0 Abstained: 0

**Motion Carried** 

# VIII. Nursing Orientation 2014

Presenter: Ruth Wise

Description: I propose to plan an orientation event for all undergraduate Nursing students at You University. This includes students from the Collaborative, 2nd Entry and IEN programs. The go this orientation is to create a more cohesive and inclusive atmosphere for all nursing students.

### Discussion:

-The intention of this event to allow all nursing students to be able to mingle during orientation

# Action Items:

1. A subcommittee, chaired by Ruth, will be formed to organize events during orientation/frosh

### IX. York University Frosh Week 2014

Presenter: Chetan Salwan

### Description:

- I would like to begin brainstorming ideas about possible NSAY involvement in Frosh week activities in September.

### Discussion:

- -A subcommittee will be created to further discuss planning of activities and events during orientation/frosh week. This committee will be chaired by Ruth.
- -One suggestion of an event is similar to a career fair to connect students with different types of nurses. This will give nurses the opportunity to discuss their jobs allowing students to find out n about different specialities in nursing. Specialities discussed at RNAO general meeting, Ashley able to help provide information and contacts.

-There are some nursing shirts remaining in the NSAY office. These shirts can be given away du frosh week potentially as prizes.

### Action Items:

- 1. Hojat will contact student government and college administrators at Stong College to determine what the college has scheduled for orientation week.
- 2. Julian will conduct an inventory of swag in the NSAY office.
- 3. Sheena and Dilara will find out about what swag to give out to students (shirts, pens, etc).
- 4. Chetan and Ruth will begin to find contact from nursing interest groups for a potential career Ashley will also assist when she returns.

# VIII. Adjournment

The meeting was adjourned at 1937 hrs.